

Nutrition Facts

Serving size 57 grams (1 Cookie)
Servings per Container 7

Amount Per Serving
Calories 210 • Calories from Fat 40

	%DV†
Total Fat 4.5g	7%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 180mg	8%
Total Carbohydrate 26g	9%
Dietary Fiber 8g	32%
Sugars 2g	
Sugar Alcohols 6g	

Protein 16g
Vitamin A 30% • Calcium 35%

† Percent Daily Values are based on a 2,000-calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2400mg	2400mg
Total Carbs		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat	9	Carbohydrate	4
Protein	4		

Ingredients: Whey Protein Isolate with Soy Lecithin, XoVita™ (Exclusive and Proprietary High-antioxidant Blend of Cocoa, Açai, and Blueberry Powders), Fiber Blend (Gum Arabic Powder, Inulin Powder, Soluble Cocoa Fiber), Maltitol Syrup, Water, Glycerin, Hydrolyzed Fish Collagen, Whey Protein Crisps (Whey Protein Isolate, Whey Protein Concentrate, Tapioca Starch, Calcium Carbonate, Soy Lecithin), High Oleic Sunflower Oil (with Tocopherol added to preserve freshness), Raisin Juice Concentrate, Mono and Diglycerides, Natural Flavors, Microencapsulated Chia Omega Oil Powder, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Identity Preserved Lecithin, Balsamic Vinegar, Salt, Stabilizer (Guar Gum and Xanthan Gum), Natural Saigon Cinnamon, Natural Ground Nutmeg, Sucralose Powder, Vitamin & Mineral Premix ([30%DV of Vitamin A, Vitamin B, Vitamin C, Vitamin D, Vitamin E, Thiamin, Riboflavin, Niacin, Vitamin B6, Folate, Vitamin B12, Biotin, Pantothenic Acid, Calcium, Iodine, Magnesium, Selenium, Manganese, Chromium], [51%DV Molybdenum], [2%DV Sodium, Potassium], 35mcg Vanadium).

Allergy Info: Contains soy and milk and is produced on equipment that produces products containing eggs, peanuts, and other nuts and seeds. [Suitable for Vegetarians](#)

** Based on standard ORAC_{FN} and Flavonoid testing of selected production samples. Values may vary.

Total Flavonoids: Recent studies on cacao have concluded that best results were obtained by consuming daily 600-900mg of Total Flavonoids, plant-based antioxidants that help the body's cells resist damage by free radicals.

Xoçai® High-Antioxidant Meal-Replacement Cookies™ have an astounding 1,447mg of Total Flavonoids per serving (57g).

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